

What is a prayer shawl? Throughout the ages shawls have symbolized shelter, peace, and spiritual sustenance. The [National Prayer Shawl Ministry](#), started in 1998, is an ecumenical movement with people praying as they create hand-knitted and crocheted shawls for those in need. The creation and presentation of a prayer shawl, like all acts of generosity, enriches the giver as well as the recipient.



Whether they are called Prayer Shawls, Comfort Shawls, Peace Shawls, or Mantles, etc., the shawl maker begins with prayers and blessings for the recipient. The intentions are continued throughout the creation of the shawl. Upon completion, a final blessing is offered before the shawl is sent on its way. Some recipients have continued the kindness by making a shawl and passing it onto someone in need. Thus, the blessing ripples from person-to-person, with both the giver and receiver feeling the unconditional embrace of a sheltering, mothering God!



*You are welcome to join us -*

*Every third Wednesday 2.30.- 4pm.*

*Beginning June 18th*

*at - 'Patmos',*

*Monastery of the Visitation,*

*Waldron, East Sussex TN21 0RX*

*Please bring your own knitting needles or crochet hook & wool to begin your shawl.*

*"May this gift made for you with love  
be a mantle and sign of God's sustaining presence.*

*May it refresh your weariness;*

*Surround you with comfort in your suffering.*

*May it encircle you with healing for your pain;  
consolation for your loneliness.*

*May it bring you joy in sorrow or gladness."*

*If you are interested . . .*

*Please fill in the form opposite, separate & send to -*

*Sue Cash,*

*The Lodge,*

*Monastery of the Visitation,*

*Waldron, East Sussex TN21 0RX*

*Email - [suea.heartsease@gmail.com](mailto:suea.heartsease@gmail.com)*

## PRAYER SHAWL GROUP WALDRON

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

*If you know of anyone who would benefit from  
receiving a prayer shawl please contact Sue  
(address on this leaflet)*



# PRAYER SHAWL GROUP

## WALDRON



*Shawls . . . .*

*wrap,*

*enfold,*

*comfort,*

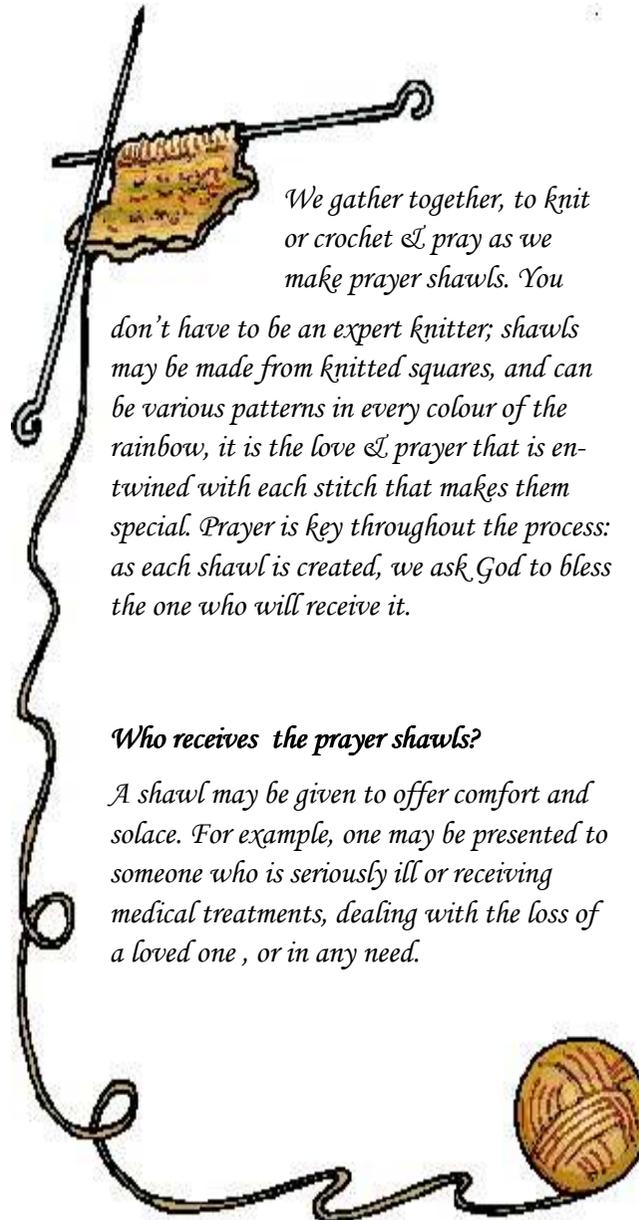
*cover,*

*give solace,*

*mother,*

*hug,*

*shelter and beautify.*



*We gather together, to knit or crochet & pray as we make prayer shawls. You*

*don't have to be an expert knitter; shawls may be made from knitted squares, and can be various patterns in every colour of the rainbow, it is the love & prayer that is entwined with each stitch that makes them special. Prayer is key throughout the process: as each shawl is created, we ask God to bless the one who will receive it.*

***Who receives the prayer shawls?***

*A shawl may be given to offer comfort and solace. For example, one may be presented to someone who is seriously ill or receiving medical treatments, dealing with the loss of a loved one, or in any need.*



*“For it was You who created my being,,  
knit me together in my mother’s womb.*

*I thank you for the wonder of my being,  
for the wonders of all your creation. “*

*Psalms 139*



*A reminder that we are always wrapped  
in God’s love & supported by prayer.*