Vive + Jesus

The aim of this community is to live the humility, simplicity and gentleness of the Gospel that is rooted in the tradition of the Visitation and expressed in our present Constitutions.

As contemplatives we believe that our place in the Church today is the same as in former times: at its heart, and that as Daughters of Prayer we are called to witness to the fact that nothing is more important than prayer. This is not merely to state a priority on how time should be spent but defines for us a way of 'being' and of living community, that is our gift to the Church and to the world.

With the liberty of spirit of our Holy Founders we therefore seek to create structures that will enable a rhythm of prayer, silence, work and leisure: values that we desire to share with others. The celebration of the liturgy is seen as the heart of the community while flexibility of structure will allow communal sharing and reflection on various themes and levels according to needs.

We consider openness and spontaneity of approach as essential and we would therefore encourage creative responses. This necessitates clear channels of communication within community, regular forums of discussion and consultation and, of course, receptivity of God's will as it is revealed through the persons and events of daily living.

We consider our apostolate to be one of prayer, presence and community, while in the spirit of Mary of the Visitation we desire to be 'places' of welcome and acceptance for all others who come to share our life. We recognise that our immediate service is to one another in giving to each sister reverence and respect, affirming her in who she is and enabling her to go beyond as she responds to the 'the upward call of God in Christ'.

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